

December 01, 2022

The Principal
All CBSE Schools (North-Zone-II)
Under Regional Office, Chandigarh, Mohali

Subject: CBSE Zonal Swimming Competition - 2022

Dear Madam/Sir

We are pleased to inform you that our school, Om Parkash Bansal Modern School Mandi Gobindgarh, has been entrusted by the CBSE with the responsibility of organizing the Zonal Competition – 2022 to be held from **5th December to 9th December, 2022.**

You are cordially invited to participate in this Tournament. All the Rules and Regulations of the Tournament, details of the programme and all other relevant information may be accessed from our school website www.opbms.in

You are requested to mail the Confirmation Slip and Detailed Entry Proforma, attached with this letter, at 20192@cbseshiksha.in positively by 3rd December, 2022.

The tournament will be conducted as per the rules and regulations prescribed by the CBSE. For details you are requested to visit www.cbseacademic.in or <http://cbseports.in> or www.opbms.com

Note: Kindly go through the file for detailed information.

Looking forward for your positive response.

With Best Wishes
Sangeeta Sharma
Principal

For further Enquiry, please contact:

1. Mr. Gaganpreet Singh
(Co-ordinator Sports, 9815269300)
2. Mr. Saravpreet Singh)
(Swimming Coach, 9815310002)
3. Ms. Ekta Gupta
(Swimming Coach, 9878381839)

Copy to:

- 1 AEO (Sports), CBSE

Attachments: -

1. Confirmation Slip
2. The details of the Tournament.(General Information)
3. Rules, Regulations & Technical Points.
4. Identity Card
5. Detail Entry cum Registration Proforma
6. Team Photograph Proforma

CBSE ZONAL SWIMMING COMPETITION –2022

**VENUE: - OM PARKASH BANSAL MODERN SCHOOL,
Mandi Gobindgarh**

DATE:-5th Dec. to 09th Dec. 2022 LAST DATE OF ENTRY: - 3rd Dec. 2022

GENERAL INFORMATION

- 1. VENUE:** The Championship will be held at Om Parkash Bansal Modern School, Mandi Gobindgarh
- 2. DISTANCE OF SCHOOL FROM:** Mandi Gobindgarh Railway Station 4 K. M & Bus Stand 4 K.M.
- 3. REPORTING DATE & TIME:** 5th December 2022 by 5:00 pm.
- 4. TEAM OFFICIALS:** A meeting of the Team Managers & Coaches with the Organizing Committee will be held at 7.00 pm in school premises on 5th December, 2022.
- 5. TRANSPORT FACILITIES:** Transport facilities are made available at the Railway Station and Bus-Stand on prior information. Kindly convey the details of your travel plans to the Transport Committee in advance. Please contact the following persons:
Mr. Jaspreet Singh :- 9815352776 Mr. Harpreet Singh :- 9781275638
- 6. INAUGURATION:** Inauguration of the event will be held on 6th Dec 2022 at 9.30 am.
- 7. VALEDICTION:** Valedictory Function will be held on 09th Dec. 2022 at 3.00 pm (Return reservation may be arranged by the participating schools accordingly).
- 8. BOARDING & LODGING:** Arrangements have been made to provide vegetarian meals (Breakfast+ Lunch+ Dinner) at the rate of **Rs. 350/-** per day per head as per C.B.S.E. guidelines.
- 9. SECURITY DEPOSIT:** Each team will deposit a sum of Rs. 2000/- at the Registration Counter at the time of reporting. The amount is refundable only at the time of departure, though, the same may be forfeited towards any loss/damage caused by the team.
- 10. RESERVATION:** All the participating teams are requested to get their onward and outward reservation done in advance.
- 11. REGISTRATION:** The participating team should report at reception for registration, allotment of accommodation etc. after arrival. Teams are advised to report in time and are expected to exhibit a sense of responsibility and discipline. We hope co-operation from your side for smooth conduction of the tournament. We shall look forward to your participation in this Tournament to make it a grand success.

IMPORTANT: IT SHALL BE MANDATORY FOR ALL THE PARTICIPATING SCHOOLS TO PROVIDE THE FOLLOWING ON ARRIVAL AT VENUE-

1. To supply the team photo with the school Principal along with duly filled Entry Proforma counter signed by the concerned Principal.
2. To supply individual photo with the Entry Proforma countersigned by the concerned Principal.
3. To provide C.B.S.E. Registration Card for participant studying in Class IX and above, attested by the Principal.
4. Two school Flags
5. Playing Kit
6. School Sports Uniform or the School Uniform
7. Towel & Toiletries
8. Kit of essential medicines (if any)
9. The document for verification in original.
10. To supply the eligibility proforma field in online, countersigned by the concerned Principal.

(Any team not fulfilling the above requirements before the commencement of the tournament, shall not be permitted to participate).

Teams are requested not to carry any valuables (viz. Jewellery, Camera/i Pod). School shall not bear responsibility for the loss of the same.

CBSE ZONAL SWIMMING COMPETITION –2022

Rules, Regulations & Technical Points:

ELIGIBILITY

Age: The player should be within the particular age group on 31st December of the year of competition.

- a) A student, who has failed twice in a particular class, shall no more be eligible to participate.
- b) Incomplete Proforma in any respect is liable for disqualification of team.
- c) A player should be under 14, 17 & 19 years of age on 31st Dec. 2022
 1. Under 11 years born on or after 01.01.2012
 2. Under 14 years: Born on or after 01.01.2009
 3. Under 17 years: Born on or after 01.01.2006
 4. Under 19 years: Born on or after 01.01.2004

All the supporting papers verifying the age of the player, etc. in original, as per the CBSE Guidelines & Rules shall be carried personally by the Team Manager/Coach while reporting for the participation.

SWIMMING (BOYS' & GIRLS')

1. The CBSE Swimming Competition shall be conducted under the rules of the Swimming Federation of India (SFI) unless modified in these rules.
2. Every school will be entitled to enter only one swimmer in each of the following events:

Events for Boys' & Girls'

Under 11 yrs	Under 14 yrs	Under 17 yrs	Under 19 yrs
50 m Free Style	50 m Free Style	50 m Free Style	50 M Free Style
100 m Free Style	100 m Free Style	100 m Free Style	100 M Free Style
50 m Back Stroke	200 m Free Style*	200 m Free Style*	200 M Free Style*
50 m Breast Stroke	50 m Back Stroke	400 M Free Style* 800 M Free Style*	400 M Free Style*
50 m Butterfly Stroke	100 m Back Stroke	50 M Back Stroke	800 M Fee Style* for Girls' & 1500 M Free Style* for Boys'
200 M Individual Medley*	50 m Breast Stroke	100 M Back Stroke	50 M Back Stroke
4x50 m Free Style Relay	100 m Breast Stroke	200 M Back Stroke*	100 M Back Stroke
4x50 m Medley Relay	50 m Butterfly	50 M Breast Stroke	200 M Back Stroke*
	100 m Butterfly	100 M Breast Stroke	50 M Breast Stroke
	200 m Individual Medley*	200 M Breast Stroke*	100 M Breast Stroke
	4x100 m Free Style Relay	50 M Butterfly Stoke	200 M Breast Stroke*

	4x100 m Medlay Relay	100 M Butterfly Stroke	50 M Butterfly Stroke
		200 M Butterfly Stoke*	100 M Butterfly Stroke
		200 M Individual Relay*	200 M Butterfly Stroke*
		4x100 M Free Style Relay	200 M Individual Medlay*
		4x100 M Medlay Relay	400 M Individual Medlay*
			4x100 M Free Style Relay
4x100 M Medlay Relay			

IMPORTANT:

Events marked (*) will be conducted on time trial basis. It would mean that every swimmer in these events will get only one chance, and the final positions in these events will be determined on the basis of time recorded in different heats.

- In under 11 years age group, a swimmer can participate in maximum three Individual events and in relays.
In under 14 years age group, a swimmer can participate in maximum four Individual events and in relays.
In under 17 & 19 years age group, a swimmer can participate in maximum five Individual events and in relays.

* The Individual Championship (Best Swimmer) in any age group will be awarded only to **one** swimmer on the basis of medals won, and in case of tie, performance will be taken into consideration.

- From each Zone, the first and second position winning Swimmers/Relay teams will qualify to participate in the Nationals.

Swimming Continued:

- At Zone level, in case there are less than four swimmers present for a particular event, it may be conducted and swimmers may be awarded the medals and the merit certificate. But they may not be awarded the points so as to be included for the Individual or Team Championship. However, the names of first and second position winning swimmers may be forwarded for participation in Nationals.
- At National level, in case there are less than four swimmers present for a particular event, it may be conducted and swimmers may be awarded the medals and the merit certificate. But they may not be awarded the points so as to be included for the Individual or Team Championship.
- No swimmer shall be permitted to participate without proper swimming costume.
- The decision of the Referee on all technical aspects will be final.
- In case of any protest, the decision of Jury of Appeal/Protest Committee shall be final.
- The championship will be decided separately in boys & girls section.
- The points shall be awarded on the team basis according to the point systems as per the following criteria as adopted by SFI.

POSITION	INDIVIDUAL EVENTS	RELAYS
1 st Place	07 Points	14 Points
2 nd Place	05 Points	10 Points

3 rd Place	04 Points	08 Points
4 th Place	03 Points	06 Points
5 th Place	02 Points	04 Points
6 th Place	01 Points	02 Points

12. A separate prize may be given to the Individual Champion in Boys and Girls section, in all the age categories. For deciding the Individual Champion, the performance in the individual events and individual medley may be taken into consideration.
13. A prize may be given to the school scoring total maximum points and may be declared as over-all Champion.
14. All the first three position winning swimmers shall be awarded with the Merit Certificate and the medal.
15. All the remaining participants shall be provided with a Participation Certificate.
16. In the case of relays, all the five members of the team (if five names are given before the meet in the eligibility Performa and all five have attended the meet) irrespective of who swims the finals, shall be awarded the Medals and Certificates.
17. New Meet Record(s) wherever created should be clearly indicated as 'NMR'.
18. The school Organizing Zone level competition shall take a Group Photo of the teams that have qualified to participate at National level competition. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.

Participating School's Letter Head

IDENTITY CARD

Name of the School : _____

1. Participant's Name : _____

2. Mother's Name : _____

3. Father's Name : _____

4. Date of Birth : _____

5. Class of Study : _____

6. Admission No. : _____

7. Board Reg. No. : _____

Class IX & Above : _____

8. Identification Mark : _____

9. Age as on 31.12.2022 Years Months Days

Affix recent
passport size
photograph in
school uniform

Date :.....

Sign of Participant

Sign of Principal

School Seal

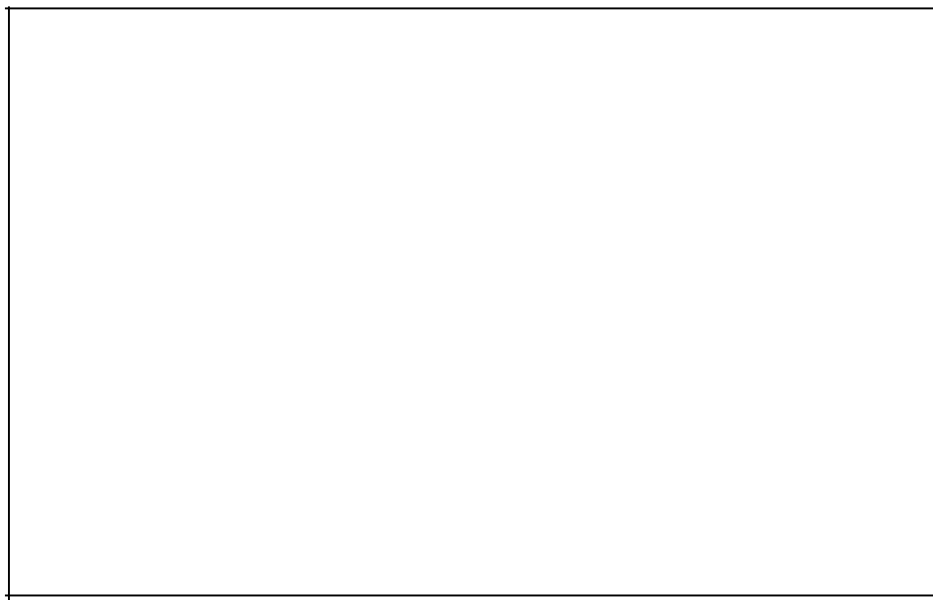
Important Notice:

1. Affix recent passport size photograph in school uniform only.
2. Send participating team photograph with school Principal along with the Entry counter signed by the Principal.
3. For students studying in Class IX and above, please provide CBSE Registration Number given in the Class IX.
4. Students studying in Class XI and XII are required to provide Class X Pass Certificate with photo, issued by the Board.

Participating School's Letter Head

NAME OF THE SCHOOL: _____

TEAM PHOTOGRAPH WITH PRINCIPAL/COACH / MANAGER



MANAGER/ COACH

SCHOOLSEAL

PRINCIPAL

CBSE ZONAL SWIMMING COMPETITION –2022

VENUE: - Om Parkash Bansal Modern School, Mandi Gobindgarh

DATE: - 5th DEC. to 9TH DEC. 2022

DETAILED ENTRY PROFORMA

Name of the School & Address: _____

EVENT :

AGE CATEGORY:- 11 YRS. (BOYS)

BORN ON OR AFTER: 1.1.2012

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :

AGE CATEGORY:- 11 YRS. (GIRLS)

BORN ON OR AFTER: 1.1.2012

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :

AGE CATEGORY:- 14 YRS. (BOYS)

BORN ON OR AFTER: 1.1.2009

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :

AGE CATEGORY:- 14 YRS. (GIRLS)

BORN ON OR AFTER: 1.1.2009

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :**AGE CATEGORY:- 17YRS. (BOYS)****BORN ON OR AFTER: 1.1.2006**

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :

AGE CATEGORY:- 17 YRS. (GIRLS)

BORN ON OR AFTER: 1.1.2006

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :**AGE CATEGORY:- 19 YRS. (BOYS)****BORN ON OR AFTER: 1.1.2004**

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE:- You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

EVENT :

AGE CATEGORY:- 19 YRS. (GIRLS)

BORN ON OR AFTER: 1.1.2004

S.NO.	EVENT	CBSE UID No.	NAME OF PARTICIPANT	CLASS	ADMISSION NO.	DATE OF BIRTH	CBSE REGN. NO.	PHOTOGRAPH DULY ATTESTED BY THE PRINCIPAL
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NOTE: - You can add extra rows if required for the entry.

SIGNATURE OF PRINCIPAL WITH STAMP

SIGNATURE OF COACH/INCHARGE

CBSE ZONAL SWIMMING COMPETITION –2022

VENUE:- Om Parkash Bansal Modern School, Mandi Gobindgarh

DATE :- 5th DECEMBER to 09TH DECEMBER 2022

CONFIRMATION SLIP

1. (a) Name of the school : _____
(b) Complete Address : _____
(c) Tel.No. & Fax No. : _____
(d) E-Mail Address : _____

2. Date and Time of Arrival: _____

3. Mode of Arrival : Roadways Bus/Train/Own School Bus

4. No. of Players :

	U-11 Years	U-14 Years	U-17 Years	U-19 Years
Boys				
Girls				
Total				

5. No. of Officials : Male Female

6. Whether accommodation for : Yes No
Players/Officials is required
Or not

Date :

(Sign. of Principal with Stamp)

Note:- Please send confirmation slip along with eligibility form. Last date for sending confirmation is 3rd December 2022. Any entry received after due date will not be accepted.