



Dear Parents

Greetings from OPBMS!

We are pleased to inform you that we are starting with the swimming classes w.e.f. Monday, April 08, 2024. The schedule for the same has been shared on ERP. The following protocols for swimming pool are being shared for your kind reference.

- Students will enter the pool five minutes before their scheduled practice time.
- Students will not rush to the pool together; they must enter the pool one at a time.
- There will be scheduled 10 minutes' window between periods for students to exit the pool, before the startup of next period. This will give the support staff time to clean the deck prior to the next practice.
- Students must carry:
a) Swim Wear b) Towel c) Cap d) Goggles e) Water Bottles f) Mesh Bag
(To carry wet cloths). No other items should be brought to the facility.
- Students should not stand, play or jump off ladders or railings.
- Running, boisterous or rough play, pushing, acrobatics, wrestling, offensive or disruptive splashing or yelling, diving or jumping without care and caution, snapping of towels, improper conduct causing undue disturbances on or about the pool area or any facts which would endanger any patron are prohibited.
- Socializing with or distracting pool staff, including lifeguards, is prohibited.
- No person within the pool area shall behave in such a manner as to jeopardize the safety and health of himself / herself and others. Such behavior, including abusive or profane language, shall be grounds for expulsion.
- Gum chewing is not permitted anywhere in the pool area for health and safety.
- Soap, Shampoo, oil or sunscreen not allowed in the pool.
- Jewelry, sharp material, objects made of Glass etc are not allowed in the pool area.
- No food item other than water is allowed inside the pool.
- All students must take a shower before and after using the pool.
- Nails should be short and trimmed, and no slippers or shoes should be worn while swimming.
- Before entering the pool, all members must contact the coach. Safety Precautions, as enforced by the Life Guard must be observed.
- Injuries (if any) must be reported to the Coach before leaving the pool premises.
- The school reserves the right to restrict entry, or remove from the pool premises, any student whose character, appearance, manner or conduct is unacceptable to the school authorities. Under such circumstances, school AUTHORITIES reserve the right to impose fine as well and cancel swimming classes for such students for the whole academic session.

- Changes made in the school regulations will be intimated to all students and shall be binding in all circumstances.

Note:

- **Students who are aqua-phobic, having asthma, epilepsy and heart ailments, have undergone any major medical treatments, suffering from any post-surgical ailment etc. cannot participate in the swimming lessons.**
- **No students having symptoms of Fever, Cold, Cough, Sneezing, Sore Throat, Diarrhea, vomiting etc. will be allowed inside the pool.**
- **All medical alert notification cases are required to submit papers to the Class Teacher duly signed by the Doctor for the School records.**

Warm regards

Sd/-

Sangeeta Sharma

Principal